



Drexel Heights Fire District BIKE HELMET PROGRAM

DHFD, with the assistance of the Pima County's Community Development Block Grant Family Safety Program, provides FREE child bicycle helmets to DHFD residents!

This program requires proof of Drexel Heights FD residency.

It is intended for children under the age of 18 years.

The child must be present.

The helmet must be fit to the child's head.

Does my child really need one?

The simple answer is yes. Laws now require helmets in many areas. That is because medical research shows that a bicycle helmet can prevent 85% of cyclists' head injuries. More than 600 bicycle riders are killed in the U.S. every year, almost all in collisions with cars, and 75% of them die of head injuries. Many thousands more suffer less severe but still debilitating injuries that are far worse than the physical pain of scraped skin or even broken bones. Your child can suffer permanent personality changes and learning disabilities from a brain injury and both of you will be aware of what they have lost. Common long-term effects include concentration difficulties, aggressiveness, headaches and balance problems. Imagine your anguish if this happens to your child.

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